

HOW TO USE THIS WORKSHEET

Review each of the clinical and lifestyle considerations with your patient. For each consideration that is important to the patient, check all the corresponding boxes available across the treatment options. Treatment options that do not address specific clinical and lifestyle considerations have grey boxes rather than colored boxes. When complete, this chart will help you determine the best course of action to help manage your patient's myopia.[†]

In this example, the parent and patient have indicated that simplifying sports activity, improving self-confidence and parental oversight are the most important considerations when choosing a therapy.

The lifestyle considerations and clinical data should be reviewed and treatment options should be shared with the patients and parents.

[†] This Worksheet was developed by Johnson & Johnson Vision for educational purposes only. Johnson & Johnson Vision does not engage in the practice of medicine and this Worksheet is not a substitute for appropriate medical education and training or for the exercise of independent medical judgement. Johnson & Johnson Vision does not endorse or recommend any particular technique beyond what is contained in the applicable product labeling, and other techniques may be appropriate in a physician's medical judgment.

CLINICAL AND LIFESTYLE CONSIDERATIONS		Orthokeratology	Soft Contact Lenses for Myopia Management*	Other:
LIFESTYLE	Simplifies sports/physical activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Enables swimming or water activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Improves self-confidence vs. glasses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Easy to use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Needs less patient maturity/responsibility	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Allows parental oversight	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Patient/family preference	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
	Other:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
CLINICAL	Refractive error	OD <input type="text"/> SPHERE <input type="text"/> CYLINDER x <input type="text"/> AXIS OS <input type="text"/> SPHERE <input type="text"/> CYLINDER x <input type="text"/> AXIS		
	Keratometry	OD <input type="text"/> FLAT / <input type="text"/> STEEP @ <input type="text"/> DEGREES OS <input type="text"/> FLAT / <input type="text"/> STEEP @ <input type="text"/> DEGREES		
	Binocular vision	<input type="radio"/> NORMAL <input type="radio"/> ABNORMAL		
	Ocular health (+ allergies or dry eye)	<input type="radio"/> NORMAL <input type="radio"/> ABNORMAL		

NOTES:

* Johnson & Johnson Vision does not currently have soft contact lens products approved for myopia management.

PERSONALIZING MYOPIA MANAGEMENT THERAPY

CLINICAL AND LIFESTYLE CONSIDERATIONS		Orthokeratology	Soft Contact Lenses for Myopia Management*	Other:
This discussion tool can be helpful in guiding your conversation with patients and their parents.				
LIFESTYLE	Simplifies sports/physical activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Enables swimming or water activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Improves self-confidence vs. glasses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Easy to use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Needs less patient maturity/responsibility	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Allows parental oversight	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Patient/family preference	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Other:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
CLINICAL	Refractive error <div> <div> OD <input type="text"/> <div>SPHERE</div> </div> <div> <input type="text"/> <div>CYLINDER</div> </div> <div> x <input type="text"/> <div>AXIS</div> </div> </div> <div> OS <input type="text"/> <div>SPHERE</div> </div> <div> <input type="text"/> <div>CYLINDER</div> </div> <div> x <input type="text"/> <div>AXIS</div> </div>			

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